

Health I Syllabus

Description:

This course is required for all students. Students will engage in various learning activities where they will gain knowledge and skills necessary to live a healthy lifestyle. Topics discussed include bullying, substance use/abuse and human sexuality.

Topics:

- Bullying
 - People Involved
 - Indirect vs. Direct Bullying
 - Places to go for help/support
- Substance Use/Abuse
 - Advocating against substance use/abuse
 - Affects of Substance Abuse on the body
 - Social, Emotional, & Physical aspects associated with alcohol use and abuse
- Human Sexuality
 - Male & Female Anatomy
 - Puberty
 - Menstruation, Sperm, and Fertilization
 - Pregnancy
 - Contraceptives
 - Sexually Transmitted Infections

Materials Needed for Class:

- Folder
- Pen/Pencil
- Notebook

Health Grading:

- Class attendance is vital. Many of the assignments are classroom based, making them difficult to make up. It's imperative that the students make every effort to be in school.

40% -Class Assignments/Homework

40% - Assessments

5% - Purpose

15% - Mid-Term and Final Exam

-All Class assignments will be graded at the end of the class period.
-All Homework will be graded the following class.
-Both class assignments and homework will be graded based upon completion/effort/and correctness.

*Purpose – Students will demonstrate informational literacy through clear and effective articulation of ideas using various forms of communication.

Expectations:

All school policies are strictly followed for attendance, tardiness, and discipline. Make sure you read and familiarize yourself with these policies. Be prompt, prepared, respectful, and responsible. I do NOT tolerate disrespect of any kind in my classroom. Come to class with a willingness to learn. If you do these things you will be successful in this class.

Attendance:

You are expected to be in class and ready to learn by the bell. I will give you three warnings for tardiness. After that you are expected to stay for a teacher detention. Failure to stay for that detention will result in a referral to the office.

- If you are absent from class you must do the following...
 - Check the missed work bin
 - Ask someone in class for notes you might have missed
 - Make arrangements with your teacher to make up any test or quiz
 - Show any class work/homework that you need to hand in from the previous class.
 - Work is due the following class

*You will receive a 5 point deduction for every day late after your absence make-up date. After a week, you can receive a grade no higher than a 65. DO NOT ASK ME AT THE END OF THE SEMESTER FOR ALL MISSING WORK- I WILL NOT GIVE IT TO YOU.

Out-Side Help:

If you need extra help I will be available before, during, or after school. However, I do coach in the fall semester; the best time for extra help would be between 7:00-7:45am before school starts. Please let me know if you wish to meet with me before school before doing so. You can also sign out a health book for extra help as well.

Classroom Rules:

- Be on time and ready to learn.
- BE RESPECTFUL.
- NO eating, drinking, sleeping, bullying, or cussing.
- Raise your hand to speak and wait to be called on.
- DO NOT distract others from learning.
- Adhere to the school's cell phone policy "NO PHONES".
- Care for the classroom and keep it neat.
- Enjoy learning and make Healthy Choices.