

Name:

Unit 3: Fertilization, Development, and Birth  
Childbirth Worksheet

1. What are Braxton-Hicks contractions?
2. When do you know when true labor starts?
3. What is the hormone that is involved in uterine contractions?
4. The process of giving birth is also known as \_\_\_\_\_.
5. How many stages of labor are there?
6. What are some of the events that happen in Stage 1 of labor?
7. What are some of the events that take place in Stage 2 of labor?
8. What is the main thing that happens in Stage 3 of labor?

9. What are some of the changes that take place in mom's body during pregnancy?

10. What are some of the factors that contribute to weight gain?

11. What is "striae gravidarum" the fancy term for?

12. How many lobules does a female breast have?

13. After birth, what hormone begins the production of milk?

14. What hormone is involved in milk letdown?

15. What is colostrum?

16. What are some of the benefits of breastfeeding?